



Contemplative Outreach Canada Manitoba/Northwest Ontario Region

Information Contacts

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Centering Prayer Groups

Day	Time	Location
Mondays	Morning	Wolseley Area, Winnipeg
Mondays	2:00pm	River Heights, Winnipeg
Monday - Thursdays	Noon	University of Winnipeg in the Carl Ridd Sanctuary in Bryce Hall (Directly across the street from the bus terminal).
Tuesdays	3:45pm	St. Edward's Church West End, Winnipeg
Second and last Tuesdays of the month – <i>French Language</i>	1:00pm	St. Vital, Winnipeg
Second and last Tuesdays of the month	7:00pm	St. Vital, Winnipeg
Thursdays	7:15pm	St. Benedict's Retreat Centre Library, Winnipeg
Monday - Friday	8:00am	River Heights, Winnipeg
Fridays	9:45am	St. Adolphe Area
Wednesdays	5:00pm	St. Matthews Anglican Church, Winnipeg
Thursdays	12:15pm	Health Sciences Centre, Spiritual Care Department, Winnipeg

Centering Prayer Events

Description	Day	Time	Location
Centering Prayer Retreat	First Saturday of each month	9:00am to Noon	Faculty of Theology at the University of Winnipeg. Come into Bryce Hall through the main doors.
Intensive Centering Prayer Retreat	July 4 – 11, 2008	Week	St. Benedict's Retreat & Conference Centre Winnipeg, MB 204-339-1705 stbenscentre@mts.net
Advanced Centering Prayer Retreat	July 4 – 11, 2008	Week	St. Benedict's Retreat & Conference Centre Winnipeg, MB 204-339-1705 stbenscentre@mts.net
Post-Intensive Centering Prayer Retreat	July 18 – 25, 2008	Week	St. Benedict's Retreat & Conference Centre Winnipeg, MB 204-339-1705 stbenscentre@mts.net